

# GRAB & GO WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Parmo Wraps	Chinese Chicken Noodles	Beef Burrito Wraps	Chilli and Nachos	Fish Finger Roll (V)
Margherita Pizza (V)	Veggie Pizza (V)	Margherita Pizza (V)	Ham Pizza	Margherita Pizza (V)
Zingy Pepper Pasta King	BBQ Chicken Love Joes	Italian Meatball Pasta King	Balti Chicken Love Joes	Pomodoro Pasta King

V - Vegetarian | VG - Vegan | GF - Gluten Free